



healthbridgecc.com

*Where specialized care begins
and hope never ends*

HealthBridge St. Louis
1201 Garden Plaza Drive
Florissant, MO 63303



HealthBridge St. Louis

Patient/Family Admissions Guide

(314) 831-3752 • healthbridgecc.com

Welcome to HealthBridge St. Louis! Our dedicated team of professionals is committed to providing the care and support you need to achieve the most complete recovery possible. We hope this guide will help you and your loved ones get oriented to your new surroundings and answer some questions. If you have any other questions or concerns, please do not hesitate to ask us and we will be happy to assist you.



PATIENT AND FAMILY GUIDE

Evaluation and Treatment

Each of our patients has an individualized treatment plan. Our team will evaluate on the first visit and develop a plan that focuses on your needs and concerns.

Medication

All medication will be administered by a nurse. This includes prescription and over-the-counter drugs. Medications should not be brought in from home unless advised by your nurse or physician to do so, and should be given to the nurse in charge for storage.

Clothing

Plan to wear loose comfortable clothing that is easy to remove for care and will not interfere with therapy. Label clothes with patient name. Shoes should be supportive and non-skid.

Personal Laundry

Laundry can be done by a family member or for a small fee at the facility.

Personal Items/Inventory

To make your loved one feel more comfortable, we encourage you to bring personal items from home such as photos, blankets or music. All items will be logged on an Inventory list upon arrival. Please ensure that any personal items brought in later are added to the Inventory detail.

Pets

Pets are allowed in designated areas with the permission of the Administrator and only if certain criteria have been met. Contact the Administrator for more information.

Suggested Visiting Hours

Every day: 10:00 am – 7:00 pm

Parking

Enclosed surface lot on the campus.

Safety

For the safety of you and your loved ones, our buildings are always locked after visiting hours. Please ring doorbell to gain access after hours.

Meals

Meals are planned daily by our Dietician. Food items should not be stored in a resident's bedside cabinets for pest and infection control reasons.

Meal Times

Breakfast: 7:30 am – 9:00 am

Lunch: 11:30 am – 1:00 pm

Dinner: 5:00 pm – 6:30 pm

Internet

Our building is equipped with Wi-Fi. Please see a staff member for password.

Smoking

All HealthBridge facilities are non-smoking.

Community Outings

When medically ready, you may participate in community outings.

Questions

If you have further questions, phone (314) 831-3752.

COMMUNITY RESOURCES

Local Transportation

Taxi: St. Louis County & Yellow Cab (314) 991-5300

Bus: Metro Bus (314) 231-2345

Train Station: Metrolink (800) 371-5465

Non-Medical Transport Companies: Please see Clinical Support Team

Resources

Brain Injury Foundation of St. Louis — www.bifstl.org

Brain Injury Association of Missouri — www.biamo.org

Brain Injury Association of America — www.biausa.org

Missouri Department of Social Services — www.dss.mo.gov

Defense and Veterans Brain Injury Center — www.dvbic.org

Social Security Administration — www.socialsecurity.gov

Family Caregiver Alliance — www.caregiver.org/caregiver/jsp/home.jsp

Nearby Restaurants/Grocery Stores

1. 54th Street Grill & Bar, 2895 N. Highway 67, Florissant, MO 63033
2. Meyers Lounge & Restaurant, 1767 N. New Florissant Road, Florissant, MO 63033
3. Pirrone's Pizzeria, 1775 Washington Street, Florissant, MO 63033
4. Healthy Habits Nutrition, 3234 Parker Road, Florissant, MO 63033
5. St. Louis Bread Co. (Panera), 2375 Lindbergh Boulevard, Florissant, MO 63033
6. Applebee's Grill & Bar, 2309 N. US Highway 67, Florissant, MO 63033
7. Schnucks, 13987 New Halls Ferry Road, Florissant, MO 63033
8. Aldi's, 11296 W. Florissant Avenue, Florissant, MO 63033
9. Walmart Super Center, 3390 N. US Highway 67, Florissant, MO 63033
10. Dierbergs, 222 N. US Highway 67, Florissant, MO 63033

Nearby Shopping Centers (e.g. Dept. stores/Target/etc.)

1. Target, 2342 N. US Highway 67, Florissant, MO 63033
2. Walmart, 3390 N. US Highway 67, Florissant, MO 63033
3. Shoppes At Cross Keys, 13935 New Halls Ferry Road, Florissant, MO 63033
4. St. Louis Premium Outlets, 18521 Outlet Boulevard, Chesterfield, MO 63005

Nearby Places of Worship

1. Lutheran Church of Atonement, 1285 N. New Florissant Road, Florissant, MO 63033
2. St. Barnabas Episcopal Church, 2900 St. Catherine Street, Florissant, MO 63033
3. St. Rose Philippine Duchesne, 1210 Paddock Drive, Florissant, MO 63033

Nearby Hotels

1. Holiday Inn Express & Suites St. Louis Airport
10000 Natural Bridge Road, St. Louis, MO 63134
2. Comfort Inn & Suites, 7133 Douglas Palmer Place, Hazelwood, MO 63042
3. Days Inn, 7350 N. Hanley Road, Hazelwood, MO 63042
4. Red Roof Inn, 307 Dunn Road, Florissant, MO 63031
5. Quality Inn, 55 Dunn Road, Florissant, MO 63031